Communicating Infant Safe Sleep Practices

NYC Children | ACS Workforce Institute
Knowledge into Practice

A eLearning Program for NYC Child
Welfare Professionals

About Communicating Infant Safe Sleep Practices

eLearning

This brief, interactive eLearning course covers foundational knowledge and skills for communicating Safe Sleep practices with parents and caregivers. The content includes how to safely place an infant to sleep, the importance of following Safe Sleep guidelines, overcoming barriers to practicing Safe Sleep, and communicating with caregivers about Safe Sleep practices.

Who Should Attend?

This course is designed for direct service staff and supervisors in child protection, prevention, and foster care.

Benefits of the Program

Participants will:

- Dispel common myths and misconceptions about infant sleep.
- Identify the behaviors that may contribute to sleep-related infant injury deaths.
- Establish and practice infant safe-sleep habits.
- Lead a strengths-based conversation with parents and caregivers around implementing infant safe sleep best practices.

Course Prerequisites

There are no prerequisites for this course.

Course Components

Once enrolled in the course, learners will complete:

- An online pre-test.
- An online course.
- An online post-test.

Completion of all components is necessary to receive a Certificate of Completion.

Continuing Education Units

There are no CEUs associated with this course.

About the ACS Workforce Institute

A state-of-the-art professional development institute that strengthens skills and provides support to child welfare and juvenile justice direct service staff as they strengthen and support New York City's families and children. Through partnership with the City University of New York (School of Professional Studies and the Hunter College Silberman School of Social Work) the ACS Workforce Institute offers professional learning initiatives that move beyond the classroom to enhance skill development for new and seasoned ACS and provider agency staff.

Click **HERE** to register**. For more information about the ACS Workforce Institute, please email wihelpdesk@acs.nyc.gov or call (212) 748-1898.**
Visit our website at www.nycacstraining.org.